

DENTURES VS. DENTAL IMPLANTS: WHICH IS RIGHT FOR YOU?

Choosing between dentures and dental implants for replacing missing teeth involves weighing comfort, cost, appearance, and long-term health. Let's explore the key differences to help you decide.



WHAT THEY ARE

Dentures:

Removable false teeth set into plastic or metal bases that rest on the gums. Available as full or partial setups, dentures are crafted based on impressions of your mouth.

Dental Implants:

Titanium posts surgically placed into the jawbone via osseointegration. Once healed, they support a crown, bridge, or implant-retained denture

DENTURES

Pros:

- Affordable and non-surgical—ideal for those with budget or health constraints
- Quick turnaround time—impressions and fittings require minimal appointments

Cons:

- Less stable—may slip while eating or speaking and need adhesives
- Lifespan of around 5-10 years, with regular replacement or relining due to jaw changes
- Does not preserve bone, may lead to facial sagging over time
- Requires daily removal and soaking for cleaning

DENTAL IMPLANTS

Pros:

- Feel and function like natural teeth—no slipping, no removal
- Can last 20+ years or even a lifetime, making them a lasting investment
- Preserve jawbone density and facial structure through ongoing stimulation
- Maintenance is minimal—just brush, floss, and attend regular check-ups

Cons:

- Higher upfront cost—typically between £1,800–£3,000 per implant in the UK
- Involves oral surgery with healing time and possible complications (e.g. infection, nerve issues)
- Process can take months, especially if bone grafting is needed

WHO SUITS WHICH OPTION?

CONSIDER DENTURES IF

- You prefer a non-invasive, lower-cost solution.
- · You need quick coverage for missing teeth.
- You have significant bone loss or health limitations.

CONSIDER IMPLANTS IF

- · You have good health and sufficient jawbone, or can undergo bone grafting.
- You want maximum chewing power, comfort, and a permanent solution.
- · You're looking to preserve your facial structure and oral health long-term

FINAL THOUGHTS

Dentures offer a fast, budget-friendly, and non-surgical way to replace missing teeth—but come with trade-offs in fit, stability, and bone preservation.

Dental implants require more time and upfront cost but yield superior stability, longevity, and oral health benefits.

Ultimately, the best choice depends on your budget, health needs, dental goals, and lifestyle. A professional assessment—possibly including X-rays or CT scans—will help determine what's personally suitable for you.



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